

Cafeteria Menu—500 Madison

MONDAY June 13		MONDAY June 20	
Pasta & Meat Sauce	\$2.00	Fish & Chips	\$2.00
Caesar Salad	\$0.50	Fruit Cup	\$0.50
TUESDAY June 14		TUESDAY June 21	
Cold Cut Sub	\$2.00	Soft Taco	\$2.00
Mushroom Soup	\$0.50	Caesar Salad	\$0.50
Fruit Cup	\$0.50		
WEDNESDAY June 15		WEDNESDAY June 22	
Quesadilla	\$2.00	Day of Caring BBQ Hamburgers, chips, ice cream Free 	
Tomato Bisque	\$0.50		
Yogurt & Berries	\$0.50		
THURSDAY June 16		THURSDAY June 23	
Chef Salad	\$2.00	Cold Wrap Sandwich	\$1.00
Cottage Cheese & Pineapple	\$0.50	Cream of Mushroom Soup	\$0.50
		Cream of Mushroom	\$0.50
FRIDAY June 17		FRIDAY June 24	
Pepperoni Pizza	\$2.00	Hot Dog	\$1.00
Cheddar Cauliflower Soup	\$0.50	Tomato Soup	\$0.50

500 Madison Street Winnipeg, MB R3H 0L4 Ph: (204) 956-9700 Fax: (204) 943-1893 www.imagineability.ca info@imagineability.ca	2016 Holiday Schedule	2016 Event Schedule
	July 1—Canada Day August 1—Civic Holiday September 5—Labour Day October 10—Thanksgiving	•June 17—Spaghetti Dinner •June 17—Deadline for clothing orders •June 22—Free Day of Caring BBQ



EDITORIAL COMMITTEE: JUDY CARLSON, SUE VAVASOUR, TIFFANY KEHLER, KAY MULENGA, JEANNIE ALEXANDER

June 10, 2016

ImagineAbility Ink

Sun Safety Tips

Mark your calendars for June 20, for it's the official day of summer! Seems like forever since we've had the sun shining and nice hot days. However, it's always good to be sun smart! Here are some tips from Environment Canada to make sure you have a great (safe) summer!

- **Cover up.** Wear light-coloured, long-sleeved shirts, pants, and a wide-brimmed hat made from breathable fabric. When you buy [sunglasses](#), make sure they provide protection against both UVA and UVB rays.
- **Limit your time in the sun.** Keep out of the sun and heat between 11 a.m. and 4 p.m.
- **Use the UV Index forecast.** When the UV index is 3 or higher, wear protective clothing, sunglasses and sunscreen.
- **Use sunscreen.**
- **Drink plenty of cool liquids (especially water) before you feel thirsty.** If sunny days are also hot and humid, stay cool and hydrated to avoid heat illness.

Tiffani H.

ART LESSONS



The Art Zone is now offering a weekly art lesson. Above are just some of the painted lamps that were done earlier this week.

AGM

Join us as we celebrate the achievements of the past year and look forward to the next year!

ImagineAbility's Annual General Meeting

Wednesday, June 22, 2016

5pm – 7pm

At United Way of Winnipeg

Rm 119 (Learning Centre) - 580 Main Street

Light refreshments will be served.

RSVP to Judy at 204-956-9700 or

jcarlson@imagineability.ca



EVOLVE

Art Show & Fundraiser for Artists with Disabilities

Date: Thursday, June 23, 2016
Time: 6:00 pm - 9:00 pm
Where: Gas Station Arts Centre, 445 River Ave.
Tickets: \$10 in advance, call Jeannie at 204-956-9700

www.EvolveArtShow.com

Refreshments and 2 art auction tickets included with every ticket purchase.

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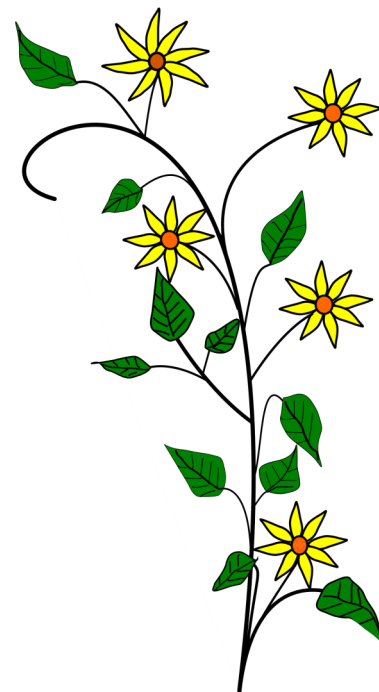
Garden Tour

Every Thursday
5:00 - 7:00 pm
951 Southwood Ave.
Entrance by Donation
David Austin roses
available - \$30



Plant Sale - 25% - 50% off

Every Saturday
to July 9th
5779 Hwy #9, Lockport
Perennials, shrubs, small fruits



www.gardensmanitoba.com or call 204.895.4560

Spaghetti Dinner!



Let us do the cooking!

Friday, June 17 @ 500 Madison
5:30pm-7:30pm
Spaghetti Dinner, Garlic Toast, Caesar Salad, Sundae Bar
Tickets \$10.

Tickets available from:
Judy @ Madison
Amanda @ William

Any proceeds from this event will be used by Social Committee for events throughout the year.

Please note—the first few tickets sold for the Spaghetti Dinner night listed the incorrect date. The dinner is on Friday, June 17th!

Remember to submit your vacation request forms. If you did not receive a form, please contact Judy at 204-956-9700 or e-mail jcarlson@imagineability.ca

