

# COVID-19 NOVEL CORONAVIRUS

## Community Living disABILITY Services

Community Living disABILITY Services (CLDS) remains available to support you and your loved one during and after the COVID-19 pandemic. We continue to change and improve the ways we deliver services by following public health guidelines.

### Engaging in Community Activities

Phase Three of Manitoba's plan to restore safe services allows Manitobans to safely engage in a variety of community activities as they reopen including indoor and outdoor recreation, swimming pools, personal services, retail businesses and restaurants.

CLDS encourages your loved one to safely participate in the community activities that they enjoy. When engaging in community activities, it is important that your loved one takes the same precautions as all other Manitobans to protect themselves and others from the spread of COVID-19. This means, to the greatest extent possible:

- practicing good hygiene (hand washing\*, coughing into their sleeve, avoid touching their face, etc.)
- maintaining physical distancing ( two meters or six feet) except for brief exchanges
- staying at home if they are feeling sick or have any cold or flu symptoms (including cough, fever, running nose, sore throat, weakness or headache)

\*See the following poster for guidance:  
<https://sharedhealthmb.ca/files/hand-hygiene-wash.pdf>.

If your loved one is supported by a support worker to engage in a community activity, the support worker may be asked to wear a mask. Your loved one does not need to wear a mask, but they may wear a non-medical (such as a cloth mask) if they choose to.

### Safe Transportation Services to Day Services

As CLDS gradually reopens day services, we are taking steps to ensure that your loved one has safe transportation if they require this service. Drivers need to:

- review screening questions with themselves and your loved one
- ensure physical distancing to the greatest extent possible
- practice hand hygiene
- disinfect vehicles regularly
- wear a mask

If your loved one lives with you and requires transportation to day services, the process for reviewing screening questions with them will be determined in partnership with you, your loved one and CLDS staff.

If your loved one lives in a residential care facility, the process for reviewing screening questions with them will be determined by your loved one, their residential service provider and CLDS staff.

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For more information about transportation services, please contact your Community Service Worker.

## **COVID-19 Information**

Visit [www.manitoba.ca/COVID-19](http://www.manitoba.ca/COVID-19) for reliable and up-to-date information on COVID-19 including supports for Manitobans and Manitoba's plans for restoring services.

CLDS will continue to provide you with updates as decisions about services are made. We remain committed to working with you to get through this challenging time together.

**This document is available in alternate formats upon request  
Ce document est offert dans d'autres formats sur demande**